

Roles and Relationships Purpose Exercise

This exercise is helpful for people who want to start living a more mission driven life by first identifying the ideal purpose related to each of the key roles and relationships in their life.

Think about each of the important people in your life and imagine how you want each of them to describe their thoughts and feelings about what you have accomplished in your life. Think about the key roles you play in your life. A student, friend, sibling, son/daughter, partner, employee, etc.

What impact do you want to have on others in each of those roles? What impression do you want to make? When you are at the end of your life looking back what would you feel great about accomplishing in or for each of these key roles of your life? Begin to turn the answers to these questions into a statement of purpose for each of these key roles in your life.

Spouse:

Parent:

Son/Daughter:

Relative:

Friend:

Coworker/Business Associate:

Volunteer:

God/Spiritual Life:

Community Member:

Other Role or Relationship: