

# Personal Values Examples



## Samples of One-word Values to Help You Start Brainstorming

- Accountability
- Attitude
- Authenticity
- Boldness
- Character
- Collaboration
- Community
- Compassion
- Confidence
- Courage
- Creativity
- Dedication
- Devotion
- Discipline
- Diversity
- Education
- Efficiency
- Encouragement
- Endurance
- Enthusiasm
- Excellence
- Faith
- Faithfulness
- Friendships
- Generosity
- Goodness
- Grace
- Gratefulness
- Growth
- Honesty
- Honor
- Hope
- Humility
- Humor
- Ingenuity
- Integrity
- Intimacy
- Joy
- Justice
- Kindness
- Leadership
- Learning
- Loyalty
- Medication
- Mercy
- Openness
- Passion
- Patience
- Peace
- Perseverance
- Personal Growth
- Prayer
- Relationships
- Reliability
- Respect
- Sacrifice
- Self-discipline
- Selflessness
- Servant Leadership
- Serving
- Steadfastness
- Stewardship
- Teamwork
- Thankfulness
- Transparency
- Trustworthiness
- Truth
- Unity
- Wisdom
- Zeal
- Other \_\_\_\_\_

# Personal Values Examples



## Samples of Action-oriented Values Phrases to Help You Start

- Influencing and inspiring others through servant leadership
- Leaving every person and everything better than I found
- Always doing the loving thing
- Practicing excellence, thoroughness, persistence, and self-discipline
- Seeing value in everything and finding something to appreciate in everything
- Building up and encouraging people in every interaction
- Creating vibrant physical, mental, and emotional health and energy
- Maintaining a teachable spirit at all times
- Building positive, authentic friendships
- Seeking first to understand before trying to be understood
- Keeping a positive attitude at all times
- Beginning with the end in mind (setting worthwhile goals)
- Enjoying life fully...with passion and fun
- Life-long learning and adventure
- Experience quality music and arts
- Continual spiritual growth
- Always considering the preciousness of others
- Living with a grateful heart
- Wise management of time, money, and resources
- Other \_\_\_\_\_

# Family Values Examples



## Lonnie and Shelley Gienger Family Values:

1. Creating value and building a better world through entrepreneurial ventures
2. Leading through serving (influencing and inspiring through a servant's heart)
3. Enjoying vibrant physical, mental, emotional health (living the 8 laws of health)
4. Seeing value and finding something to appreciate in everything
5. Demonstrating a positive attitude at all times
6. Continual life-long learning and adventure...enjoying life with passion & fun
7. Beginning with the end in mind (setting worthwhile goals we act on)
8. Wise management/stewardship of time, money and resources
9. Excellence, thoroughness, persistence and self-discipline
10. Always doing the loving thing and considering the preciousness of others.
11. Developing positive, authentic friendships
12. Leaving everything and every person better (building people in every interaction)
13. Seeking first to understand before trying to be understood
14. Continually growing toward more intimate friendship with God
15. Seeking God's Kingdom and his purposes and interest above everything else
16. Basing all our thoughts and actions on the model of Jesus
17. Investing our lives in helping people experience God
18. Creating and experiencing quality music and art to honor God and inspire people

# Family Values Examples

## 2nd Generation Gienger/O'Connell Family Values:



1. **Growth:** Lifelong learning and mastery
2. **Ownership:** Taking personal responsibility for our thoughts, actions, possessions, and influence
3. **Grace:** Imparting gratitude, patience, and undeserved favor towards self and others
4. **Virtue:** The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control
5. **Purpose:** Carrying oneself as a gentleman or lady of the Kingdom of Heaven living in our personal mission and always aligning our activities accordingly
6. **Health:** A daily journey of social, physical, and mental well being
7. **Love:** Positive regard and commitment towards self and others
8. **Adventure:** The pursuit of daring experience and activity with enthusiasm and enterprise
9. **Stewardship:** Being generous, just, and shrewd with resources and relationships
10. **Relationship:** Meaningful connectedness and unity with God, family, and friends
11. **Creativity:** The pursuit and ability to make, invent, and grow things--including culture



## Lonnie's Business Values

Doing the Right Thing  
Acting in the Best Interest of Our Partners  
Defining Wealth by Who We Are  
Building People  
Leading Through Serving  
Continually Pursuing Excellence  
Building Beyond Business  
Creating Quality Relationships  
Enjoying Life with Passion