

Personal Values Examples



Samples of One-word Values to Help You Start Brainstorming

- Accountability
- Attitude
- Authenticity
- Boldness
- Character
- Collaboration
- Community
- Compassion
- Confidence
- Courage
- Creativity
- Dedication
- Devotion
- Discipline
- Diversity
- Education
- Efficiency
- Encouragement
- Endurance
- Enthusiasm
- Excellence
- Faith
- Faithfulness
- Friendships
- Generosity
- Goodness
- Grace
- Gratefulness
- Growth
- Honesty
- Honor
- Hope
- Humility
- Humor
- Ingenuity
- Integrity
- Intimacy
- Joy
- Justice
- Kindness
- Leadership
- Learning
- Loyalty
- Medication
- Mercy
- Openness
- Passion
- Patience
- Peace
- Perseverance
- Personal Growth
- Prayer
- Relationships
- Reliability
- Respect
- Sacrifice
- Self-discipline
- Selflessness
- Servant Leadership
- Serving
- Steadfastness
- Stewardship
- Teamwork
- Thankfulness
- Transparency
- Trustworthiness
- Truth
- Unity
- Wisdom
- Zeal
- Other _____

Personal Values Examples



Samples of Action-oriented Values Phrases to Help You Start

- Influencing and inspiring others through servant leadership
- Leaving every person and everything better than I found
- Always doing the loving thing
- Practicing excellence, thoroughness, persistence, and self-discipline
- Seeing value in everything and finding something to appreciate in everything
- Building up and encouraging people in every interaction
- Creating vibrant physical, mental, and emotional health and energy
- Maintaining a teachable spirit at all times
- Building positive, authentic friendships
- Seeking first to understand before trying to be understood
- Keeping a positive attitude at all times
- Beginning with the end in mind (setting worthwhile goals)
- Enjoying life fully...with passion and fun
- Life-long learning and adventure
- Experience quality music and arts
- Continual spiritual growth
- Always considering the preciousness of others
- Living with a grateful heart
- Wise management of time, money, and resources
- Other _____

Personal Values Examples



Kylon Gienger Personal Core Values:

1. I have a **positive attitude** and I think positive thoughts at all times.
2. I **do unto others** as I would have them do unto me.
3. I am a **leader**, I lead by positive example in all situations.
4. I **defend** those who cannot defend themselves.
5. I am a man of **integrity**, I always tell the truth, my word is my bond.
6. I am **humble**, I do not seek recognition for my actions.
7. I have **self control**, I control my emotions and my actions regardless of the circumstance. Even keeled, steady, constant
8. I **never quit**, I am resilient, I persevere and thrive on adversity.
9. I am a trendsetter, an influencer, I am **creative and innovative**. I am an outside-of-the-box thinker.
10. I am **healthy and strong**, physically, mentally, spiritually, and emotionally.
11. I am a **wise manager** of my time, money, and resources.
12. I am **hungry**, self confident, and ambitious. I can do or have anything in life through DESIRE, FAITH, and HARD WORK.
13. I take **extreme ownership** in all situations
14. I am **formidable**
15. I am **abundant in all things**

Family Values Examples



Lonnie and Shelley Gienger Family Values:

1. Creating value and building a better world through entrepreneurial ventures
2. Leading through serving (influencing and inspiring through a servant's heart)
3. Enjoying vibrant physical, mental, emotional health (living the 8 laws of health)
4. Seeing value and finding something to appreciate in everything
5. Demonstrating a positive attitude at all times
6. Continual life-long learning and adventure...enjoying life with passion & fun
7. Beginning with the end in mind (setting worthwhile goals we act on)
8. Wise management/stewardship of time, money and resources
9. Excellence, thoroughness, persistence and self-discipline
10. Always doing the loving thing and considering the preciousness of others.
11. Developing positive, authentic friendships
12. Leaving everything and every person better (building people in every interaction)
13. Seeking first to understand before trying to be understood
14. Continually growing toward more intimate friendship with God
15. Seeking God's Kingdom and his purposes and interest above everything else
16. Basing all our thoughts and actions on the model of Jesus
17. Investing our lives in helping people experience God
18. Creating and experiencing quality music and art to honor God and inspire people

Family Values Examples

2nd Generation Gienger/O'Connell Family Values:



1. **Growth:** Lifelong learning and mastery
2. **Ownership:** Taking personal responsibility for our thoughts, actions, possessions, and influence
3. **Grace:** Imparting gratitude, patience, and undeserved favor towards self and others
4. **Virtue:** The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control
5. **Purpose:** Carrying oneself as a gentleman or lady of the Kingdom of Heaven living in our personal mission and always aligning our activities accordingly
6. **Health:** A daily journey of social, physical, and mental well being
7. **Love:** Positive regard and commitment towards self and others
8. **Adventure:** The pursuit of daring experience and activity with enthusiasm and enterprise
9. **Stewardship:** Being generous, just, and shrewd with resources and relationships
10. **Relationship:** Meaningful connectedness and unity with God, family, and friends
11. **Creativity:** The pursuit and ability to make, invent, and grow things--including culture



Lonnie's Business Values

Doing the Right Thing
Acting in the Best Interest of Our Partners
Defining Wealth by Who We Are
Building People
Leading Through Serving
Continually Pursuing Excellence
Building Beyond Business
Creating Quality Relationships
Enjoying Life with Passion